**What is sport?** word derived from *desport* ("**to divert**, amuse, please, play")

The GOOD SIDE of SPORTS (data) <http://www.aspenprojectplay.org/the-facts>

* Physical
* Mental
* Social
* As a parent

The ROUGH SIDE of SPORTS (data) <http://www.aspenprojectplay.org/the-facts>

* Physical
* Mental
* Social
* As a parent

Current State of Sport; Julie Foudy <http://espn.go.com/video/clip?id=10640360> RESPOND to clip

What has happened? <http://changingthegameproject.com/the-race-to-nowhere-in-youth-sports/>

A biblical perspective?

* My story; 3 verses: Revelation 3:20; Ephesians 2:10; John 10:10
* Be careful of the pull of “the world” (kosmos); be careful of sports being an idol.
* Athletic References: 2 Corinthians 9:24-27; Hebrews 12:1

What can I do as a parent?

* What does I look like if I don’t promote any physical activity in my home?
* Count the costs BEFORE getting involved ($, time, energy).
* Can my child be active without “select sports”? Without any formal sports? What’s this look like?
* Take some time to have a conversation and pray with your family (and friends!) about sport participation.
* Be careful of saying “yes” blindly or without thinking through. Ask for help.
* Generate ideas today!
* Consider that your choices *can* please God: A relationship with Him, your child’s relationship with Him, and talking to Him about this part of your family’s life.

<http://www.aspenprojectplay.org/about-project-play>

<http://changingthegameproject.com/>

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