

## Homework Week 2

1. Review your notes
2. Finish the 'praise & thanks' worksheet
3. Read the handouts
4. Have a date – you will use some of this time to gauge how you delight in her  
When you ask questions a.-c., don't defend, justify, explain yourself or counter-punch with your own dissatisfactions, just say things like:
  - "Tell me more about that," as she answers you.
  - "What's that like for you," as she answers you.
  - a. Ask, "In general, do you sense that I enjoy, appreciate and think about you?"
  - b. Ask, "How can you tell when I'm really enjoying you?"
  - c. Ask, "What kinds of things would let you know that I enjoy, appreciate and think about you?"

Thank her for being honest with you.

Apologize if appropriate.

Let her know what you do appreciate about her and let her know that you want her to feel loved.